



BWRT®

BrainWorking Recursive Therapy

One of the newest of psychological therapies, BWRT can help you to make astonishing changes in your life.

Thousands of people worldwide from children to seniors have discovered a new and happier life as a result of this brief therapy!



And even more...

Self confidence

Anxiety issues

Personal therapy

Fears and phobias

Stress management

What's so special about BWRT?

BWRT can stop the problem before it even starts and has three great advantages over many other therapies:

- 1** Online works just as well as face to face
- 2** It's fast with really long lasting results
- 3** It's ultra-modern, based in neuroscience



There's not another therapy in the world like BWRT. It's totally different from all forms of hypnotherapy, CBT, tapping, NLP, ACT, or anything else. It's unique and works in an entirely different manner from all older therapies, most of which are based on a model of the mind that goes all the way back to the late 1800s.

But will it definitely help me?



There's not a therapy in the world that works perfectly for every single person, every single time, but BWRT does seem to have a wider range of effectiveness than almost all other therapy models. So if you really want to get better, there's a high chance BWRT will work for you.

BWRT has been seen to work for children down to around five-years-old or so, equally as well as it does for adults. Seniors, too, have also experienced super results even when they're in their eighth decade.

What can it work with?

Almost any personal issue! Phobias and fears, stress, and most anxiety-related problems almost always respond well. Obviously, some things are more difficult to sort out but all BWRT practitioners have a wide range of skills and techniques and will be able to advise you soundly.

Okay... so how long does it take?



Many people have been amazed at the speed with which BWRT can work. It's also long-lasting - in fact, it's usually permanent. Even phobias, fears and anxiety states that have lasted for years can often be dissolved completely in only one - three sessions. Of course, more complicated issues can take a bit longer but your BWRT practitioner will be able to advise you. And it's almost always shorter than you expect!

How do I find a practitioner?

You can contact the practitioner listed below (if any) or you can visit the website where all our practitioners are listed: www.bwrt-professionals.com

Contact:

Gavin Bowtell
BWRT® Advanced Practitioner
www.EssexMindCoach.co.uk
020-8172-0060
hello@essexmindcoach.co.uk