

# The Tapping Points in Sequence

- 1 - Eyebrow
- 2 - Side of Eye
- 3 - Under Eye
- 4 - Under Nose
- 5 - Chin
- 6 - Collarbone
- 7 - Under Arm
- 8 - Thumb
- 9 - Index Finger
- 10 - Middle Finger
- 11 - Tiny\* Finger
- 12 - Karate Chop point

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