

AVAILABLE NOW • INSTANT DOWNLOAD

Affirmative Therapy: Working Successfully with LGBT+ Clients

Online course for therapists,
counsellors and hypnotherapists

A substantial CPD course for practitioners who wish to develop a more informed, confident and genuinely affirmative approach to working with LGBT+ clients.



7 hours
of CPD



216
pages



Practical
and reflective

The course explores sexuality, gender, identity, history and contemporary issues, while also offering practical guidance for affirmative therapeutic work.



Professional development for
thoughtful, inclusive practice



What the course covers

A thoughtful and wide-ranging programme combining context, reflection and practical therapeutic application.

Core topics



Introduction



Growing Up
LGBT+



Gay Focus



Lesbian Focus



Bisexual Focus



Transgender
Focus



LGBT+ Issues



Practical
Approaches



Conclusion



Glossary



Appendices



Resources

Themes explored



Sexuality and gender



Identity and development



Historical and
social context



Contemporary issues
facing LGBT+ people



The attitudes of
religious traditions



What affirmative practice
means in clinical work



LGBT+ CLIENTS

COUNSELLING SKILLS

AFFIRMATIVE PRACTICE



Reflect.
Understand.
Affirm.



Context, understanding
and practical insight



What you will gain

Practical resources to help you develop a more informed, confident and genuinely affirmative therapeutic practice.



Included in the course



Suggested language for inclusive practice



Therapeutic scripts and practical protocols



An intake form that can be adapted for your own work



Interviews with LGBT+ people



Links to relevant podcasts



A glossary, bibliography and useful websites



Who it is for

Suitable for therapists, counsellors, hypnotherapists and related practitioners who wish to strengthen their understanding and improve the quality of support they offer LGBT+ clients.



Course details



Online course



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Find out more at essexmindcoach.co.uk



Thoughtful learning for better therapeutic practice

